

Borough of Cliffside Park



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James Santasiero
Assistant Executive Director

Arnold Mazzone
Maintenance Supervisor

For Your Information

Cliffside Park Senior Transport
201-945-8630

Community Transportation
201-368-5955

Division of Senior Services
201-336-7400

Division on Disability Services
201-336-6500

Meals on Wheels
201-336-7420

Bergen County Social Services
201-368-4200 (food Stamps)

CLIFFSIDE PARK SENIOR ACTIVITY CENTER
550 GORGE RD.
CLIFFSIDE PARK, NJ 07010

The CLIFFSIDE PARK senior activity center

Cliffside Park Housing Authority



February 2012

Feb. 2~ Healthy Bones w/ Bergen Care	10:45am
Feb. 6~ Blood Pressure & Health Consults	9:30-11:30am
Feb. 7~ Korean Chorus Concert & Dance	10:00am
Feb. 9~ Tai Chi Demo w/ Rite at Home	10:45am
Feb.13 & 20~Center Closed for Lincoln & Presidents Day	
Feb.14~ Valentine Day Party	11am-2:30pm
Feb.15~ Dinner & Movie~ The Help	4:00pm
Feb. 16~ Repetitive Injuries w/ Rejuvenate	10:45am
Feb.23~ Center Tea Party	1:00pm
Feb.27~ Resorts Atlantic City Casino Trip	9:00am

Activities Included: Exercise, Bingo, Cards, Art Class, ESL Class, Line Dancing, Chorus, Yoga, Mahjong, Wii Bowling, Movie Night, Afternoon Teas, Local & Mall Shopping, Trips, Concerts & Parties

Senior Transport Trip

Feb. 2~ Han Nam Market 12:30pm
Feb. 3 ~ Yogi Berra Museum & Lunch 10:00am
Feb. 10~ Jersey Gardens Mall 9:30am
Feb. 17~ 911 Memorial & Lunch 9:15am
Feb. 24~ Kohls Shopping & Red Lobster 9:30am
 (Trips subject to change due to inclement weather)

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550 GORGE RD.
CLIFFSIDE PARK, NJ 07010

Linda Phillips-Perez, Coordinator
Phone: (201) 943-3768
Fax: (201) 945-9263

linda.cpha@verizon.net

Open Monday thru Friday 8:00a.m. – 3:30 p.m.